

## CURRICULUM VITAE

Name: Elizabeth H. Holt, M.D., F.A.C.E.

Academic Appointment: Assistant Consulting Professor of Medicine  
Duke University School of Medicine

Address: Raleigh Endocrine Associates (business)  
2709 Blue Ridge Road, Suite 320  
Raleigh, NC 27607

Telephone Numbers: (919) 876-7692 (business)  
(919) 954-3365 (fax)

### **Education**

College: Duke University, Durham, NC  
B.S., Zoology, Magna cum laude  
September, 1977 to June, 1981

Medical Schools: University of Medicine and Dentistry of New Jersey  
New Jersey Medical School  
Newark, NJ  
September, 1981 to June, 1983

Bowman Gray School of Medicine  
Winston-Salem, NC  
M.D.  
July, 1984 to May, 1986

Internship and Residency: The Moses H. Cone Memorial Hospital  
Greensboro, NC  
July, 1986 to May, 1989  
Internal Medicine

Fellowship: Division of Endocrinology  
Department of Medicine  
The University of North Carolina  
Chapel Hill, NC  
December, 1989 to November, 1991  
Endocrinology, Diabetes, and Metabolism

### **Board Certifications and Fellowship**

Diplomate, National Board of Medical Examiners, 1986  
Diplomate, American Board of Internal Medicine, 1990  
Diplomate, Endocrinology, Diabetes, and Metabolism, 1991. Recertified, 2001  
Fellow, American College of Endocrinology, 2000

### **Licensure**

North Carolina #32514

### **Professional Activities**

1992 to Present	Private Practice of General Endocrinology, Diabetes, and Metabolism Raleigh Endocrine Associates, Raleigh, NC
1992 to 2007	Medical Director for Diabetes Treatment Centers of America, American Healthways
1996 to Present	Relevance Reviewer for American Board of Internal Medicine, Endocrinology, Diabetes, and Metabolism
1996 to 1998	Submitted and reviewed questions for American Board of Internal Medicine, Endocrinology, Diabetes, and Metabolism
2001 to 2007	Principal Investigator or Sub-Investigator, Raleigh Endocrine Research Associates, Raleigh, NC
2002	Peer reviewer for <u>The Journal of Clinical Endocrinology &amp; Metabolism</u>
2003 to Present	Co-Director for the annual “Taking Control of Your Diabetes” health fair in Raleigh, NC
2004 to 2008	Medical Director for The Diabetes Center at Duke Health Raleigh Hospital
2005 to 2007	Medical Director, Raleigh Endocrine Research Associates, Raleigh, NC
2006 to 2008	Treasurer, Carolinas Chapter of American Association of Clinical Endocrinologists
2008 to 2010	President-elect, Carolinas Chapter of American Association of Clinical Endocrinologists
2010 to present	President, Carolinas Chapter of American Association of Clinical Endocrinologists

### **Research**

- 1990 to 2007      Principal Investigator or Sub-Investigator on Phase II, Phase III, and Phase IV clinical trials in Diabetes Mellitus, hypertension, hyperlipidemia, bone metabolism, osteoporosis, thyroid cancer
- 2001 to 2007      Raleigh Endocrine Research Associates
- 2005 to 2007      Medical Director, Raleigh Endocrine Research Associates

### **Professional Society Memberships**

Fellow, American Association of Clinical Endocrinologists  
President, Carolinas Chapter of American Association of Clinical Endocrinologists  
Board of Directors, Carolinas Chapter of American Association of Clinical Endocrinologists  
Member, The Endocrine Society  
Member, North Carolina Medical Society  
Member, American Diabetes Association  
Member, American Medical Association

### **Publications**

Holt, Elizabeth H. "Does a Decrease in Type A Score Affect Other Variables?" 1982 Summer Student Research Program, 1982.

Gray TK, Ontjes DA, Holt EH, Jayo M, Weaver DS. "Aging and Osteoporosis." Presented at Nagoya International Symposium on Aging and Health, May 18-19, 1990, Nagoya, Japan.

Holt EH, Ontjes DA, Gray TK. "Reduced Postprandial Calcitonin Secretion and Increased Urinary Calcium Excretion in Osteoporotic Women." Presented at American Society for Bone and Mineral Research Twelfth Annual Meeting, August 28-31, 1990, Atlanta, Georgia.

Holt EH, Ontjes DA, Gray TK. "Reduced Postprandial Suppression of PTH Secretion and Increased Urinary Calcium Excretion in Osteoporotic Women." Presented at American Society for Bone and Mineral Research Thirteenth Annual Meeting, August 24-28, 1991, San Diego, California.

**Honors**

- 2003, 2009, 2011 America's Top Physicians. Awarded by Consumers' Research  
Council of America  
2008, 2009 Patients' Choice Award. Awarded by MDx Medical, Inc.